

# LIFE FiTTing

Demonstration of an innovative **PLAN-DO toolbox** for a safer, resource efficient and **fit-for-purpose** wastewater treatment

July 2023 – June 2025

[lifefitting.lnec.pt](http://lifefitting.lnec.pt)



Demonstration WWTPs

## Beneficiaries



LABORATÓRIO NACIONAL  
DE ENGENHARIA CIVIL



**Coordinating beneficiary**  
contact: Maria João Rosa  
[mjrosa@lnec.pt](mailto:mjrosa@lnec.pt)



UNIVERSIDADE  
CATOLICA  
PORTUGUESA

PORTO



Grant Agreement 101114188  
LIFE22-ENV-PT-LIFE Fitting

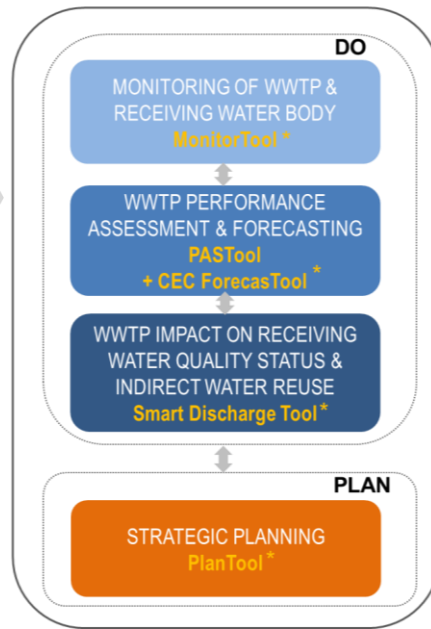
**Total budget:** 1,100,493.93 EUR  
**EC Co-funding:** 660,296.36 EUR



## Drivers/challenges

1. Reduce CEC discharge
2. Enhance AMR reduction
3. Promote WWTP operation towards receiving water quality-based effluent limits
4. Promote safer direct and indirect water reuse
5. Energy and chemicals' efficiency
6. Strategic asset management

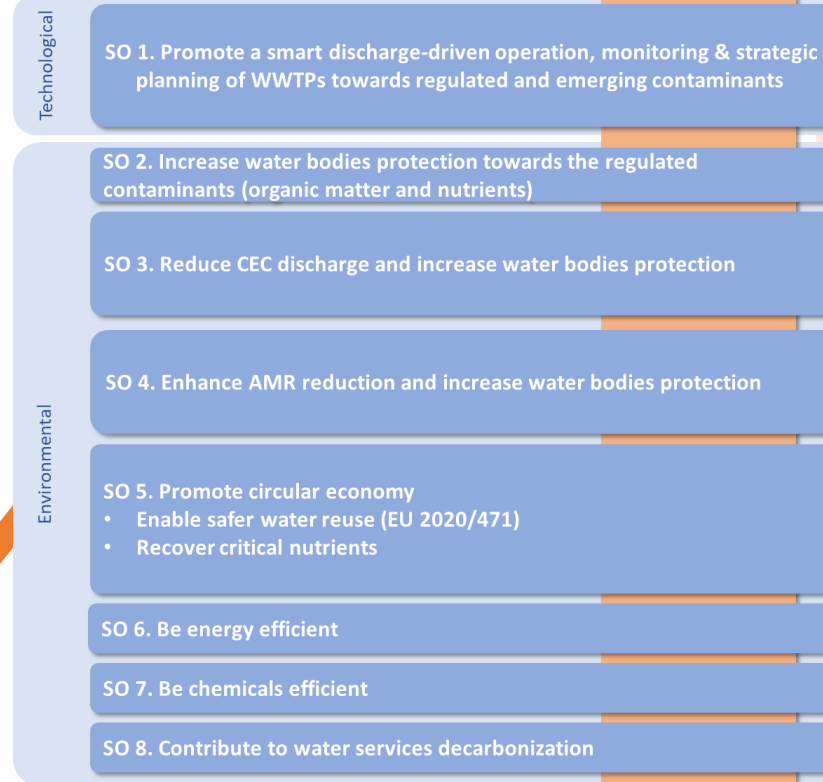
## PLAN-DO toolbox \*New tools



## Specific objectives

## LIFE Fitting

3 Large WWTPs with strong industrial input



**Legend:**  
 AMR – Antimicrobial Resistance;  
 CEC – contaminants of emerging concern

Other WWTPs

## Objectives

Develop & validate in 3 large WWTPs an innovative toolbox (PLAN-DO, TRL 7, with 5 tools) for enabling a safer & resource-efficient wastewater treatment

Reduce the discharge of chemical and microbial contaminants of emerging concern

50+ pharmaceutical compounds, ARB/ARGs - antibiotic resistant bacteria/genes, toxicity, bulk parameters, Coliphages + regular parameters

Promote receiving water quality-based limits and fit-for-purpose treated water to better cope with climate change

## 4 key actions

- WWTPs' demonstration campaigns

Wastewater Treatment Plant

3 case studies: SI, SII, L

Large WWTPs with strong industrial input

- Effluent receiving waters' monitoring campaigns

Receiving Water Body

3 Streams: Selho, Ave, Vizela

- PLAN-DO Tools, guidelines and best practices

PLAN-DO toolbox with 5 tools

Portfolio of operational measures and strategies

Guide of best practices

## Expected results